



SCHOOL OF NURSING & PARAMEDICAL SCIENCE

Department of Nursing

AUXILIARY NURSING AND MIDWIFERY

(2 YEAR COURSE)

Curriculum

(2020-2021 admitted students)

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AUXILIARY NURSING AND MIDWIFERY

VISION STATEMENT OF EKLAVYA UNIVERSITY

Eklavya University, will transform lives and communities through learning.

MISSION STATEMENT OF EKLAVYA UNIVERSITY

- Nurture achievers in life and careers through a value based, industry relevant and future ready education.
- Emphasize research, interdisciplinary learning, and practical hands on education.
- Equip every student with the required social and technical skills to achieve employment generation.
- Provide a holistic education deeply rooted in the ways of the traditional Gurukul system.
- Bring quality education within the reach of every individual, by committing to the achievement and maintenance of excellence in education, research and innovation.
- Create and disseminate knowledge through research and creative inquiry.
- Serve students by teaching them problem solving, leadership and teamwork skills, lateral thinking, commitment to quality and ethical behaviour.
- Create a diverse community, open to the exchange of ideas, where discovery, creativity, and personal and professional development is encouraged and can flourish.
- Contribute to the social fabric and economic health of the Bundelkhand region, the state and the country at large, by enhancing and facilitating economic empowerment, providing equal opportunities and employment generation.

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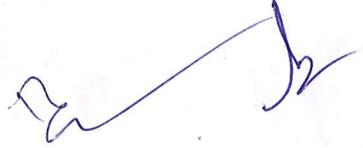
VISION STATEMENT OF DEPARTMENT

To be a dynamic nursing education institution recognized for the delivery of cutting-edge training programmes that will prepare graduates to change the world.

MISSION STATEMENT OF DEPARTMENT

To offer innovative, transformative and research-based education to develop independent, highly skilled, caring and committed nursing graduates who think critically and who will use their knowledge and skills, in a variety of contexts, to bring about change and provide or facilitate high-quality comprehensive health care services to individuals, families and communities.

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AUXILIARY NURSING AND MIDWIFERY

PROGRAMME EDUCATIONAL OBJECTIVES (PEOs)

1. To promote the scientific base of nursing knowledge and skill through innovative teaching methodology.
2. To train competent nurse for preventive & curative health care to the patient at various health care settings.
3. To build all round development of the students in curricular, co-curricular and extracurricular activities.
4. To initiate, undertake and promote quality research in various health care setting.

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AUXILIARY NURSING AND MIDWIFERY

PROGRAMME OUTCOMES (POs)

1. To prepare graduates to assume responsibilities as nurse specialists, consultants, educator, and administrators in a wide variety of professional settings.
2. Produce knowledgeable competent nurses with clear critical thinking skills who are caring motivated, assertive and well-disciplined responding to the changing needs of profession, healthcare delivery system and society.
3. Prepare nurses who can make independent decision in nursing situations within the scope of and practice, protect the rights of individuals and groups and conduct research in the areas of nursing Practice applies evidence- based practice.

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**AUXILIARY NURSING AND MIDWIFERY
PROGRAMME SPECIFIC OUTCOMES (PSOs)**

1. Provide safe, competent, compassionate, ethical, culturally sensitive and evidence based nursing care to individuals, families, groups, communities and populations through promotion, maintenance and restoration of health: prevention of illness, and physical, emotional and spiritual support throughout the life span including end of life; and across the continuum of health care environment.
2. Demonstrate interest in continued learning for personal and professional advancement and assume leadership roles as first level managers in nursing services and nursing education.

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SCHOOL OF NURSING & PARAMEDICAL SCIENCE

DETAILED CURRICULUM

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Scheme of Examination:

First year

Paper	Subject Code	Course	External Assessment	Internal Assessment	Total
Theory Paper-I	DANMN20Y101	Community Health Nursing	75	25	100
Theory Paper-II	DANMN20Y102	Health Promotion	75	25	100
Theory Paper-III	DANMN20Y103	Primary Health Care Nursing	75	25	100
Theory Paper-IV	DANMN20Y104	Child Health Nursing	75	25	100
Practical I	DANMN20Y105	Community Health Nursing and Health Promotion	100	100	200
Practical II	DANMN20Y106	Child Health Nursing	100	100	200
Total					800

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Year	ANM 1ST YEAR	
Subject	COMMUNITY HEALTH NURSING	
Time	Theory-120, Demonstration-50 , Total- 150	
Course code		
DANMN20Y101		
Pre-requisite	Nil	Syllabus version
Course Objectives:		
<p>On completion of the course the student will be able to :</p> <ol style="list-style-type: none"> 1. Describe the concept of community health, primary health . 2. Understand health policies, plans and programmes of the country, 3. Understand the concept of community. 4. Appreciate the role of the health team. 5. Demonstrate home visit techniques and practices in the community 6. Describe structure, function, characteristics and administrative set up of a community. 7. Identify leaders, resources, persons, community-based organizations, NGOs, and local resources. 8. Identify community health needs and problems. 9. Describe concepts and methods of communication for health information. 10. Describe the purposes, principles and methods of health counseling. 		
Course Outcome:-		
<p>The main outcome of the ANM course syllabus is the prevention of diseases, rehabilitation, and maintaining the good health of patients and/or the general public. Auxiliary Nurse Midwifery in Nursing course trains students and make them capable of working as basic health workers.</p>		
Student Learning Outcomes (SLO):-		
<ol style="list-style-type: none"> 1. Synthesize knowledge from liberal education with professional nursing. 2. Apply leadership concepts, skills, and decision making in the provision of high-quality nursing care, healthcare team coordination, and the oversight and accountability for care delivery in a variety of settings. 3. Integrate evidence, clinical judgment, inter-professional perspectives, and patient preferences in planning, implementing, and evaluating outcomes of care. 4. Demonstrate skills in using patient care technologies, information systems, and communication devices that support safe, effective nursing practice. 5. Explore the impact of socio-cultural, economic, legal, and political factors influencing patient care quality, workplace safety, and the scope of nursing and other health professionals' practice. 6. Incorporate effective communication skills to contribute the nursing perspective to inter-professional teams to optimize patient outcomes. 		

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Unit	Time (Hrs.)	Contents
1.	10	Concept of Health , Health and its changing concepts. Dimensions of health, Determinants of health, Primary healthcare, definition, significance, components, community, application.
2.	10	Community Health practices , Health concepts of people and health care providers. Health behaviors, beliefs and cultural, practices of community. Ethics and behavior related to community practices, Method of home visiting.
3.	15+5 (demo.)	Health problems and policies : Overview of health problems of communities in India. Participate in national health and family welfare programs. Field Visits: Village, Sub center, Primary health center, Community health center.
4.	10+5 (demo.)	Health Organization ,Organization of SC, PHC, CHC and district hospital ,Organization of health care delivery system at different levels, Referral system, Health agencies: International: WHO, UNICEF, UNFPA, UNDP, World Bank, FAO, DANIDA, European Commission. Red Cross, US aid, UNESCO. Colombo Plan, ILO, CARE etc. National: Indian Red Cross, Indian Council for Child welfare, Family planning association of India etc. Social group organizations. leaders Non-Governmental organizations.
5	5+2 (demo.)	Role of health team . Team concept and Functions of the health team, Role and Responsibilities of ANM \FHW Code of ethics for ANM
6.	10+5 (demo.)	Structure of community Rural community - Characteristics, changes in the village community development, major rural problems Urban Community- Characteristics, changes and adjustments to urban environment, major urban problems Village: Physical structure- Administrative set up Function of Panchayat 73 " and 74 amendments to Constitution and role of Panchayat in health. Structure of an urban community slum Community resources.
7.	10+5 (demo.)	Dynamics of community, Social processes - Individual and process of socialization Interaction between different social groups in the village. Traditions and customs and their influence on health. Social stratification: Influence of Class. Caste and Race on health and health practices Family and marriage: Types Changes & legislations on family and marriage in India-marriage a else.
8.	20+6 (demo.)	Community need assessment Survey : Scope and Methods of Planning Preparation of tools: questionnaires, interview schedules, check list etc. Community survey: Principles and methods: data collection, conducting interviews, focus group discussions. (FGD) and case studies • Participatory learning for action(PLA). Analysis of data, Preparation of report.

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9.	20+15 (demo.)	Communication methods & media, Principles, Methods and Process of communication. Inter personal relationship (IPR): communication with different groups and health team members. Types and use of AV aids Use of local folk methods and media for disseminating health messages. BCC (Behavioral change communication), IEC (Information, Education and communication): Aims, Scope, concept and approaches. Teaching learning process, concept, characteristics, steps of learning, characteristics of learner. Principles, methods of teaching, Planning of health, education activities: Role and responsibilities of ANM's/Health workers in BCC.
10.	5+5 (demo.)	Counseling. Concept, Principles and Techniques of counseling. Identifying needs and areas for counseling in the community. Role of counselor Role of ANM/ Female Health worker counselor.
11.	5+2 (demo.)	Community based rehabilitation Health Conditions needing rehabilitation, Community Resources available Educate individuals, family and community.

References-;

1. Community Health Nursing, Language –Hindi, Publisher – Jaypee Brothers Medical Publisher, Edition – 1st Edition 2017
2. Community Health Nursing For ANM (In Hindi) As Per the Latest Inc, Syllabus Paperback – 1 January 2017, Dean Monika

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Year	ANM 1ST YEAR	
Subject	HEALTH PROMOTION (NUTRITION)	
Time	Theory-35,Demonstration-30 , Total- 65	
Course code		
DANMN20Y102		
Pre-requisite	Nil	Syllabus version
Course Objectives:		
<ol style="list-style-type: none"> 1. Students will be able to interpret and apply nutrition concepts to evaluate and improve The nutritional health of communities. 2. Students will be able to interpret and apply nutrition concepts to evaluate and Improve the nutritional health of individuals with medical condition. 3. Students will be able to identify and apply food principles to food and nutrition Systems. 4. Students will be able to demonstrate a variety of communication strategies in Nutrition and food education emphasizing information technology. 5. Students will be able to apply management principles to evaluate human, physical and fiscal resources in organizations. 6. Students will be able to integrate knowledge and skills in food and nutrition with Professional issues affecting the nutrition and/or dietetics field. 		
Course Outcome:		
<ol style="list-style-type: none"> 1. Describe the relationship between nutrition & health. 2. Describe the classification, functions, sources and recommended daily allowances (RDA) of carbohydrates. 3. Describe the classification, functions, sources and recommended daily allowances (RDA) of fats. 4. Describe the classification, functions, sources and recommended daily allowances (RDA) of Proteins. 5. Describe the classification, functions, sources and recommended daily allowances (RDA) of vitamins. 6. Describe the classification, functions, sources and recommended daily allowances (RDA) of minerals. 		
Student Learning Outcomes (SLO):		
<ol style="list-style-type: none"> 1. Synthesize knowledge from liberal education with professional nursing. 2. Apply leadership concepts, skills, and decision making in the provision of high-quality nursing care, healthcare team coordination, and the oversight and accountability for care delivery in a variety of settings. 3. Integrate evidence, clinical judgment, inter professional perspectives, and patient preferences in planning, implementing, and evaluating outcomes of care. 4. Demonstrate skills in using patient care technologies, information systems, and communication devices that support safe, effective nursing practice. 5. Explore the impact of socio cultural, economic, legal, and political factors influencing patient care quality, workplace safety, and the scope of nursing and other health professionals' practice. 6. Incorporate effective communication skills to contribute the nursing perspective to 		

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inter professional teams to optimize patient outcomes		
Unit	Time(Hrs.)	Contents
1	10+5 (demo.)	Essential nutrients: Importance of nutrition in health and sickness, Essential nutrients, functions, sources and requirements, Classification of foods and their nutritive value Normal requirements at different ages. Balanced diet for different age group.
2.	10+5 (demo.)	Nutritional problems Nutritional deficiencies: Deficiencies, correction, treatment and referral - protein energy malnutrition Vitamin and mineral deficiencies: Nutritional anemia in women , Under five nutrition, The role of ANM's/ FHW/ AWWs in supplementary food. Special diet so individuals for different age group.
3.	5+5 (demo.)	Nutritional assessment, Methods of nutritional assessment of individual and family: mother and child, harmful foods and costums.
4.	10+15 (demo.)	Promotion of nutrition Planning diets and special diets for a family Methods of using locally available foods for special diet Principles and methods of cooking Promotion of kitchen gardens Food hygiene and safe preparation Storage and preservation Food adulteration Precautions during festivals and Melas.

References-;

1. Jaypee Health Promotion for ANM (In Hindi) As per INC Syllabus By-Dean Monika, 2nd Edition 2020, Publication- Jaypee Brothers, New Delhi
2. Health Promotion for Anm - As Per The Latest inc Syllabus Paperback – 1 January 2014, Dean Monika (Author)

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Year	ANM 1 ST YEAR	
Subject	HEALTH PROMOTION (Human body & Hygiene)	
Time	Theory-35, Demonstration-20 , Total- 55	
Course code		
Pre-requisite	Nil	Syllabus version
Course Objectives:		
<ol style="list-style-type: none"> 1. Build a common Hygiene and Health Promotion (public health approach) for the partners in the Somali Nutrition cluster. 2. To build capacity of the participants to prepare effective, Hygiene and Health Promotion intervention within treatment centers. 3. Advocate for means to reduce malnutrition cases within the target communities by addressing underlying causes to malnutrition: poor hand washing practices, poor human fecal management, safe water storage and treatment at the household level etc. 		
Course Outcome:		
<ol style="list-style-type: none"> 1. Maintain effective human relations 2. Communicate effectively with patient, families and team members 3. Describe the purpose and process of health assessment. 4. Describe the health assessment of each body system. 5. Describe principles and techniques of monitoring and maintaining vital signs 		
Student Learning Outcomes (SLO):		
<ol style="list-style-type: none"> 1. Priorities the components of personal hygiene that are critical for public health concern. 2. Explain hygienic hand washing using standard procedures, and list the critical situations for effective hand washing. 3. Explain the elements and activities that are needed for planning personal hygiene promotion. 4. Describe the criteria that are used for evaluating the effectiveness of personal hygiene application 		
Unit	Time(Hrs)	Content
1	20	The human body ,structure and function of human body, body systems and their functions digestive system, respiratory system, genito-urinary system, cardiovascular system, nervous system, muscular system, endocrine system, special sensory organs.
2.	5+15 (demo.)	Hygiene of the body -Personal and individual hygiene Care of mouth skin, hair and nails. Sexual hygiene, Menstrual hygiene. Hygiene and comforts needs of the Sick: Care of skin: Bath sponging, back care, care of pressure points, position changing, Care of hair: hair wash Care of hand and nails: hand washing Care of eyes: eye wash, Mouth care: Elimination Care of bowels and bladder.
3.	5+5 (demo.)	Optimal functioning of the body , Basic human needs, Rest, sleep, activity, exercise, posture etc. Food, eating and drinking habits, Participation in social activities. Self- actualization and spiritual need. Interpersonal and human. Relations, Lifestyle and healthy habits.

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References-;

- Jaypee Health Promotion for ANM (In Hindi) As per INC Syllabus by Dean Monika, 2nd Edition 2020, Jaypee- Brothers, New Delhi
- Health Promotion for ANM - As Per the Latest Inc Syllabus Paperback – 1 January 2014 Dean Monika

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Year	ANM 1ST YEAR	
Subject	HEALTH PROMOTION(Environmental Sanitation)	
Time	Theory-20,Demonstration-15, Total- 35	
Course code		
Pre-requisite	Nil	Syllabus version
Course Objectives:		
<ol style="list-style-type: none"> 1. To study the feedbacks of the participants cooperated in the community sanitation program on environmental sustainability. 2. To study the differences in the awareness of participants cooperated in the community sanitation program on environmental sustainability. 		
Course Outcome:		
<ol style="list-style-type: none"> 1. Defines the concepts of hygiene sanitation. 2. Establishes the relationship between microorganisms and sanitation 3. Understands the importance of water hygiene 4. The staff knows what Hygiene is. 		
Student Learning Outcomes (SLO):		
<ol style="list-style-type: none"> 1. Knows the importance of hygiene and sanitation 2. Defines Food safety from farm to table definitions 3. Understands the importance of personal hygiene. 4. Provide and maintain personal hygiene knows what to be followed. 		
Unit	Time(Hrs.)	Contents
1	5+2 (demo.)	Environmental Sanitation- Environment and ecology for healthy living: basic sanitary needs. Air, sunlight and ventilation. Home environment , smoke, animals, water, drains and toilets etc.
2	5+4 (demo.)	Safe water Sources of water& characteristics of safe water - sources of contamination and prevention. Purification of water for drinking : methods- small and large scale. Disinfections of well, tube well tank and pond in a village. Water borne diseases and prevention.
3	5+4 (demo.)	Disposal of excreta and waste. Methods of excreta disposal - types of latrine. Handling animal excreta, Methods of waste disposal Hazards due to waste.
4	5+5 (demo.)	Community participation- Drainage and preparation of soak pits. participation Maintaining healthy environment within and around village-cleaning and maintenance of village drains, ponds and wells. Common waste, excreta and animal waste - disposal in the village.

References-;

1. Jaypee Health Promotion for ANM (In Hindi) As per INC Syllabus By Dean Monika, 2nd Edition 2020, Jaypee Brothers, New Delhi

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Year	ANM 1 ST YEAR	
Subject	HEALTH PROMOTION (Mental Health)	
Time	Theory - 30 hrs. Demonstration - 10 hrs. Total – 40 hrs.	
Course code		
Pre-requisite	Nil	Syllabus version
Course Objectives:		
<ol style="list-style-type: none"> 1. Describe the historical development & current trends in mental health nursing. 2. Describe the epidemiology of mental health problems. 3. Describe the National Mental Health Act, programmes and mental health policy. 4. Discuss the scope of mental health nursing. 5. Describe the concept of normal & abnormal behavior. 6. Define the various terms used in mental health nursing. 		
Course Outcome:		
<ol style="list-style-type: none"> 1. demonstrate a knowledge and understanding of developments, strategies and the role of nurses in the delivery of public health policies. 2. demonstrate a knowledge and understanding of a range of mental health models and approaches to inform practice 3. demonstrate a knowledge and understanding of partnership working with service users, carers and their families across a range of care models and philosophies used within mental health. 		
Student Learning Outcomes (SLO):		
<ol style="list-style-type: none"> 1. Apply at least one health behavior theory to a real-world health program. 2. Demonstrate the ability to conduct a needs assessment. (Public Affairs-cultural competence, community engagement) 3. Describe the behavioral, environmental, and genetic risk factors for chronic diseases. 4. Successfully identify appropriate programmatic strategies to meet the needs of specific populations. (Public Affairs-ethical leadership) 5. Describe at least three fundamental skills in managing a health-related program. 6. Identify the ethical considerations associated with planning, implementing, and evaluating health programs. 		

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Unit	Time(Hrs.)	Contents
1	10+2 (demo.)	Mental Health Concept of mental health, Body-mind Relationship. Factors influencing mental health. Characteristics of a mentally healthy person. Developmental tasks of different age groups, Different defense mechanisms.
2.	3+2 (demo.)	Maladjustment , Features of a maladjusted individual. Common causes of maladjustment. Counseling an individual, family and community.
3.	12+4 (demo.)	Mental illness Identify abnormal behaviors. Type Early detection and referral of mentally ill Prevention of mental illness, Home care and counseling, Refer psychiatric, emergencies.es of mental illnesses and treatments.
4.	5+2 (demo.)	Old age care , Process of ageing - physical, psychological changes! Needs and problems, Care of elderly at home. Rehabilitation and agencies of caring elderly.

References-;

1. Jaypee Health Promotion for ANM (In Hindi) As per INC Syllabus By Dean Monika, 2nd Edition 2020, Jaypee Brothers, New Delhi

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Year	ANM 1 ST YEAR	
Subject	PRIMARY HEALTH CARE NURSING (Infection and Immunization)	
Time	Theory – 25 hrs. Demonstration – 20 hrs. Total – 45 hrs.	
Course code		
DANMN20Y103		
Pre-requisite	Nil	Syllabus version
Course Objectives:		
<ol style="list-style-type: none"> 1. To increase immunization coverage. 2. To improve quality of science. 3. To achieve self sufficiency in vaccine production & manufacturing of cold chain equipments. 4. To introduce a district wise system monitoring & evaluation . 5. To train health personnel. 		
Course Outcome:		
<ol style="list-style-type: none"> 1. Explain the importance of vaccination Inoculation with a vaccine for the purpose of inducing immunity. in the control of infectious diseases, 2. Describe the basic principles of vaccination, 3. Explain how the public are less tolerant of the risks. The probability that an individual will experience a certain event during a defined period of time. associated with drug used to treat disease. 4. List the main types of vaccine and illustrate them with examples, 		
Student Learning Outcomes (SLO):		
<ol style="list-style-type: none"> 1. Understand the need for improved communication on vaccine safety. 2. Critically evaluate and assess new information about vaccines before communicating to the target audience. 3. Gather information about the various target audiences, who they are, how they perceive vaccine risk and their knowledge about vaccines and safety. 4. Outline the fears and concerns of different groups associated with, or likely to be affected by, an immunization programme. 		
Unit	Time(Hrs.)	Contents
1	2	Concept of disease. Concept and definition of illness , Disease causation Classification of diseases.
2	4+2 (demo.)	Infection Meaning and types of infection. Causes of infection. Classification and characteristics of micro organisms: Pathogenic and Non-pathogenic Incubation period and spread of infection, transmission, Factors affecting growth and destruction of microbes
3	6+2 (demo.)	Immunity and body defense mechanisms Body's defense mechanism Immunity –concept Hypersensitivity: Antigen antibody reaction Types of immunity, Types of vaccines, Storage and care - cold chain maintenance
4	6+4 (demo.)	Immunization, Immunization against different infections - immunization schedule, Injection safety, Methods of administering vaccine, Sterilization of syringes and needles. Immunization in the community Immunization Hazards, Precautions while giving vaccines, Special immunization drives and programmes. Records and reports.
5	2+4 (demo.)	Collection of specimen , Principles and methods of collection of specimens and handling body discharges. Collection of specimens of blood, sputum, urine, stool, Safe disposal of body discharges.

6	3+6 (demo.)	Disinfection and Sterilization , Principles and methods of antiseptis, disinfection and sterilization , Methods of disinfecting different equipments, Methods of sterilizing different equipments.
7	2+2 (demo.)	Waste Disposal ,Waste disposals- infectious and non- infectious: concepts. principles, and methods at different levels

References-;

1. Jaypee Health Promotion for ANM (In Hindi) As per INC Syllabus By Dean Monika, 2nd Edition 2020, Jaypee Brothers, New Delhi
2. Health Promotion for ANM- As Per The Latest inc Syllabus Paperback – 1 January 2014 By- Dean Monika (Author)

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Year	ANM 1 ST YEAR	
Subject	PRIMARY HEALTH CARE NURSING (COMMUNICABLE DISEASE)	
Time	Theory – 40 hrs. Demonstration – 25 hrs. Total – 65 hrs.	
Course code		
Pre-requisite	Nil	Syllabus version
Course Objectives:		
Leadership, equity and financing; effective, people-centered, integrated quality services across the health care continuum and the life cycle, and strategic information to improve the response; multi sectoral collaboration and actions, with health addressed in all policies; and Innovation and research to accelerate response.		
Course Outcome:		
<ol style="list-style-type: none"> 1. Demonstrate an understanding of the economic, educational, political, socio cultural, environmental, ecological and biological conditions that represent obstacles to attaining global health. 2. Analyze root causes of morbidity and mortality in major regions of the world and how they are affected by demographic, socio cultural, biological, occupational and environmental factors. 3. Apply fundamental principles of global standards for the protection of human subjects in diverse cultural settings. 4. Apply the fundamental principles of global public health perspectives on global public health education, research, and practice 		
Student Learning Outcomes (SLO):		
<ol style="list-style-type: none"> 1. Understand the dynamics of transmission of communicable diseases. 2. Understand the principle routes of disease transmission. 3. Understand the epidemiology of some common communicable diseases and their control measures. 4. Understand the role of vectors and their control measures. 5. Understand the effects of immunization and programs for its delivery. 6. Understand the design of outbreak investigations including the use of controls and matching, and have completed five outbreak simulation exercises. 		
Unit	Time(Hrs.)	Contents
1.	7+5 (demo.)	Introduction to communicable diseases Common communicable diseases; Epidemiological concepts - Incidence and prevalence, mortality and morbidity, Levels of prevention, Control and prevention of communicable diseases General measures , Surveillance, isolation, notification. Reporting.
2	25+5 (demo.)	Communicable diseases. Signs, Symptoms, care and prevention of the following: Diphtheria, pertussis , tetanus, poliomyelitis, measles and tuberculosis ,Chickenpox, mumps, rubella, enteric fever, hepatitis, rabies, malaria, dengue, filaria, kala-azar trachoma, conjunctivitis, scabies, STDs and HIV/AIDS -Encephalitis Leptospirosis Acute respiratory infections.- Diarrheal diseases –Worm infestations leprosy. Role and responsibilities of health worker/ANM.
3	6+8 (demo.)	Care in communicable diseases Care of patients with communicable diseases Isolation methods. Standard safety measures(Universal precautions) Health education and messages for different communicable diseases. Role and responsibilities of health worker

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4	2+7 (demo.)	Epidemic Management , Definitions and causes of epidemics, Epidemic enquiry in a community and epidemic mapping, Relief work and role of health worker/ ANM.

References-;

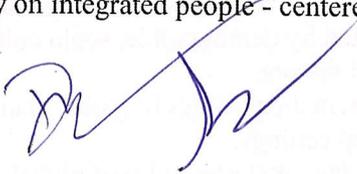
1. Jaypee Health Promotion for ANM (In Hindi) As per INC Syllabus By Dean Monika, 2nd

Edition 2020, Jaypee Brothers, New Delhi

2. Health Promotion for ANM- As Per The Latest inc Syllabus Paperback – 1 January 2014
By- Dean Monika (Author)

3.. WHO, WHO global strategy on integrated people - centered health services 2016–2026.
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Year	ANM 1ST YEAR	
Subject	PRIMARY HEALTH CARE NURSING (Community Health Problems)	
Time	Theory - 30 hrs. Demonstration – 50 hrs. Total – 80 hrs.	
Course code		
Pre-requisite	Nil	Syllabus version
Course Objectives:		
<ol style="list-style-type: none"> 1. Apply the nursing process in the community oriented care of selected families, groups and communities. 2. Use the epidemiological method to identify the health status of the population. 3. Use a social science theoretical framework to assess the physical, developmental, environmental, psychosocial, and spiritual influences on the family within the community. 4. Assess behavioral patterns, needs, coping patterns, and resources of the client/family system. 5. Identify actual and potential risk factors affecting the family/communities. 6. Employ diagnostic criteria for early detection of health problems. 		
Course Outcome:		
<ol style="list-style-type: none"> 1. Define concepts, scope, principles and historical development of Community Health and community health nursing 2. Describe health plans, policies, various health committees and health problems in India. 3. Describe the system of delivery of community health services in rural and urban areas 4. List the functions of various levels and their staffing pattern. 5. Explain the components of health services 6. Describe alternative systems of health promotion and health maintenance. 7. Describe the chain of referral system. 8. Describe Community Health Nursing approaches and concepts. 9. Describe the roles and responsibilities of Community health nursing personnel. 		
Student Learning Outcomes (SLO):		
<ol style="list-style-type: none"> 1. Distinguish between public health, rural health, community health and community-based nursing practice. 2. Describe the historical development of public health, public and community health nursing, and the transformation of the health care system domestically and globally. 3. Compare and contrast ethical theories and principles inherent in the core functions of community oriented nursing practice. 4. Describe laws and functions of government that affect community-oriented nursing practice, health policy and health care delivery. 		
Unit	Time(Hrs.)	Contents
1	3+10 (demo.)	Care of the sick in the community ,Common health conditions in the community -danger signs of illnesses. Health assessment: Taking history, Physical examination: Vital signs. Weight, Height recognition of abnormalities , Identification of health problems, Management of the sick: home and community nursing procedures, care of the sick, referral Health education: individual and family

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2	3+8 (demo.)	Fever -Vital signs: Temperature, pulse, respiration, blood, pressure Temperature maintenance and the physiology off ever , Types and stages Causes of fever, common conditions causing fever, malaria, typhoid, Acute respiratory Infection (ARI) etc. Nursing management of patient with fever Alternate system of medicine
3	4+6 (demo.)	Respiratory problem ,Common respiratory problems: types classifications- cold and cough, ARI, Asphyxia, tonsillitis, asthma, bronchitis pneumonia and tuberculosis Causes, sign and symptoms, treatment of respirator problems Management: Role and responsibilities of ANM/health workers in care of respiratory problems including Home care remedies. Integrate accepted practices of AYUSH.
4	2+2 (demo.)	Aches and pains , Causes and nursing management of: Tooth ache, ear ache, abdominal pain, headache, joint pains. Management as per the standing orders and protocols, Role of ANM/health. worker in the community including Home care remedies, Integrate accepted practices of AYUSH
5	3+4 (demo.)	Digestive problems , indigestion. anorexia, vomiting, distension and Constipation, Hemorrhoids. hernia, ulcers and intestinal obstruction Role of ANM/health worker in the community including Home care remedies. Integrate accepted practices of AYUSH
6	3+3 (demo.)	Urinary problems , Signs and symptoms of renal conditions , Retention of urine, renal colic, edema, Role of ANM/health worker in the community including, Home care remedies. Integrate accepted practices of AYUSH
7	3+3 (demo)	Cardiovascular problem Signs and symptoms of cardiac, conditions and blood related, Problems: heart attack, chest pain, anemia, hypertension and leukemia, Care of a cardiac patient at home, Role of ANM/health worker in the community including Home care remedies. Integrate accepted practices of AYUSH
8	2+3 (demo.)	Diseases of the nervous system , Signs and symptoms of neurological problems - Headache, backache and paralysis, Care of a patient with stroke at home. Care of pressurepoints, backcare changing of positions, active and passive exercises, body support to prevent contractures. Role of ANM/health worker in the community including Home care remedies. Integrate accepted, practices of AYUSH.
9	3+4 (demo.)	Metabolic diseases , Diabetes - signs and symptoms, complications diet and medications, Skin care, foot care, Urine testing and administration of insulin injection. Integrate accepted, practices of AYUSH.
10	2+4 (demo.)	Diseases of musculoskeletal system , Signs and symptoms of sprain, tear of ligaments and arthritis. Integrate accepted practices of AYUSH
11	2+3 (demo.)	Care of handicap , Handicaps - different types, Counseling for prevention of certain handicaps, Understandings the handicapped person, Helping family to ensure need based care

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References-;

1. Jaypee Health Promotion for ANM (In Hindi) As per INC Syllabus By Dean Monika, 2nd Edition 2020, Jaypee Brothers, New Delhi
2. Health Promotion for ANM- As Per The Latest inc Syllabus Paperback – 1 January 2014
By- Dean Monika (Author)

15.11.20



Year	ANM 1 st YEAR	
Subject	PRIMARY HEALTH CARE NURSING (Primary Medical Care)	
Time	Theory - 20 hrs. Demonstration - 20 hrs. Total – 40 hrs.	
Course code		
Pre-requisite	Nil	Syllabus version
Course Objectives:		
<ol style="list-style-type: none"> 1. learn practical methods of promoting participatory activities in communities and action To groups 2. To critically examine the conditions and practical techniques for developing partnerships to improve: bottom-up participation of communities, top-down support by officials, and outside-i 3. To explore in depth concepts of equity, justice, sustainability, scaling up, the tilting point in community empowerment and challenges in promoting changes in behaviors and social norms 4. To analyze strategies of multi-sectoral collaboration and integration within health services 5. To critically identify successes and failures or weaknesses of each case study and lessons learned from these 6. To understand the key concepts of the SEED-SCALE paradigm for implementing community-based primary health care. 		
Course Outcome:		
<ol style="list-style-type: none"> 1. Demonstrated knowledge, skills and understanding integral to professional practice and primary health care. 2. Demonstrated knowledge, skills and understanding integral to professional practice and cultural safety. 3. Demonstrated knowledge, skills and understanding integral to collaborative and therapeutic practice. 4. Demonstrated knowledge, skills and understanding integral to provision and coordination of care. 		
Student Learning Outcomes (SLO):		
<ol style="list-style-type: none"> 1. Explain the history and philosophy of public health as well as its core values, concepts, and functions across the globe and in society. 2. Identify the methods, and tools of public health data collection, use, and analysis and why evidence-based approaches are an essential part of public health practice. 3. Identify the basic processes, approaches, and interventions that identify and address the major health-related needs and concerns of populations. 4. Relate the underlying science of human health and disease to opportunities for promoting and protecting health across the life course. 5. Identify the socio-economic, behavioural, biological, environmental, and other factors that impact human health and contribute to health disparities. 6. Apply the principles of project implementation, including planning, assessment, and evaluation in organizational and community initiatives. 7. Explain the fundamental characteristics and organizational structures of the U. S. health system as well as to the differences in systems in other countries. 8. Describe the legal, ethical, economic, and regulatory dimensions of health care and public health policy, and the roles, influences, and responsibilities of the different agencies and branches of government. 		

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9. Apply public health-specific communication, including technical and professional writing and the use of mass media and electronic technology to promote public health.		
Unit	Time (Hrs.)	Contents
1	5+4 (demo.)	Types of drugs Different Systems of medicine: allopathic and AYUSH Classifications of drugs Forms and characteristics of drugs, Abbreviations used in medication, Administration of drugs: Policies and regulations as per protocols and standing orders Calculation of dosage
2	5+10 (demo.)	Administration of drugs Routes of administration, Oral, parental (intradermal, intramuscular, subcutaneous, Intra venous), rectal, local and others. Administration of drugs: Precautions, principles Observations and recording.
3	5+2 (demo.)	Drugs used in minor ailments Common drugs for fever, cold and cough aches and pains etc. Drug kit in the sub centre. content and its use Storage and care of drugs
4	5+4 (demo.)	Common emergency drugs Methergine, misoprostol injection oxytocin, IV fluids, antibiotics, injection and magnesium sulphate deriphylline, avil and other antihistaminic, pethedine, vitamin K, antirabies vaccine, antisnakevenoms as per the protocol, Precautions for administration Storage and Care of emergency drugs

References-;

1. Jaypee Health Promotion for ANM (In Hindi) As per INC Syllabus By Dean Monika, 2nd Edition 2020, Jaypee Brothers, New Delhi

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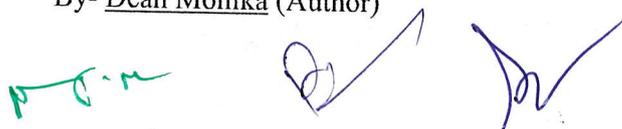
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YEAR	ANM 1 ST YEAR	
SUBJECT	PRIMARY HEALTH CARE (First aid and referral)	
TIME	Theory - 25 hrs. Demonstration - 35 hrs. Total – 60 hrs.	
Course code		
Pre-requisite	Nil	Syllabus version
Course Objectives:		
<ol style="list-style-type: none"> 1. Able to understand their new responsibilities of an Occupational First Aider 2. Able to provide appropriate treatment for the purpose of preserving life. 3. Able to minimize the consequences of injury until the arrival of medical assistance. 4. Able to provide appropriate treatment for an injury which does not require the attention of a medical practitioner or nurse. 5. Familiar with health & safety legislation on first aid in the workplace. 		
Course Outcome:		
<ol style="list-style-type: none"> 1. Demonstrated knowledge, skills and understanding integral to professional practice and primary health care . 2. Demonstrated knowledge, skills and understanding integral to professional practice and cultural safety . 3. Demonstrated knowledge, skills and understanding integral to collaborative and therapeutic practice. 4. Demonstrated knowledge, skills and understanding integral to provision and coordination of care. 		
Student Learning Outcomes (SLO):		
<ol style="list-style-type: none"> 1. Understand the role and responsibilities of the paediatric first aider. 2. Be able to assess an emergency situation safely. 3. Be able to provide first aid for an infant and a child who are unresponsive. 4. Be able to provide first aid for an infant and a child who are choking. 5. Be able to provide first aid to an infant and a child with external bleeding 		
Unit	Time(Hrs)	Contents
1	2+7 (demo.)	Need for First Aid ,Principles of first aid Mobilization of resources First aid kit & supplies. Bandages: Types, Uses, Principles and methods of bandaging.
2	10+5 (demo.)	Minor Injuries and ailments ,Cuts and wounds : types, principles and first aid care, Foreign bodies • Burns and scalds types, principles and first aid care, Health education and referral, Role of ANM/health worker.
3	5+8 (demo.)	Fractures, Skeletal system and different bones Fractures: Types. Causes, signs and symptoms, first aid care, Methods of immobilization and transportation.
4	8+15 (demo.)	Life Threatening, Conditions, Bleeding, Drowning Strangulation, suffocation and asphyxia, Loss of consciousness Cardio respiratory arrest Convulsions Foreign bodies Chest injuries Shock and allergic conditions Poisoning, bites and stings Stroke Heatstroke Severe burn.

References-;

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Year	ANM 1st YEAR	
Subject	Child Health Nursing	
Time	Theory - 75 hrs. Demonstration - 110 hrs. Total – 185 hrs.	
Course code		
DANMN20Y104		
Pre-requisite	Nil	Syllabus version
Course Objectives:		
<ol style="list-style-type: none"> 1. Explain the modern concept of childcare and the principles of child health nursing. 2. Describe the normal growth and development of children in various age groups. 3. Explain the physiological response of body to disease conditions in children. 4. Identify the health needs and problems of neonates and children, plan and implement appropriate nursing interventions. 5. Identify the various preventive, promotive and rehabilitative aspects of child care and apply them in providing nursing care to children in the hospital and in the community. 		
Course Outcome:		
<ol style="list-style-type: none"> 1. Explain the modern concept of child care & principles of child health nursing 2. Describe national policy programs and legislation in relation to child health and welfare 3. List major causes of death during infancy, early & late childhood 4. Describe the major functions and role of the paediatric nurse in caring for a hospitalized child. 5. Describe the principles of child health nursing 6. Describe the normal growth & development of children at different ages 7. Identify the needs of children at different ages & provide parental guidance 8. Identify the nutritional needs of children at different ages and ways of meeting the needs 9. Appreciate the role of play for normal & sick children 10. Appreciate the preventive measures and strategies for children 		
Student Learning Outcomes (SLO):		
<ol style="list-style-type: none"> 1. The student will demonstrate knowledge and understanding of scientific principles in the care and welfare of the pediatric clients and their family members. 2. The student will demonstrate safe and competent pediatric nursing skills at the Registered Nursing student practitioner entry level. 3. The student's care will reflect a mastery of knowledge and understanding of the principles of childhood growth and development as well as predictable behavior associated with the hospitalized child and family members 4. The student will demonstrate mastery of safe practice through utilizing critical thinking skills and nursing process implementation in her/his performance of care as well as accepting accountability and responsibility for the care provided by other member 		
Unit	Time (Hrs.)	Contents
1.	20+20 (demo.)	Growth & development Introduction to Growth and development, Factors affecting growth and development, Growth and development in infants and children: Assessment Physical, psychological and social development of children Monitoring and recording of growth and development of infants and children, Care of infants and children - play, hygiene, emotional needs training for bowel and urination, Accidents: causes, precautions and prevention. Congenital anomalies
2	10+10 (demo.)	Nutrition of infants and children , Exclusive Breast feeding, Nutritional requirements, Complementary feeding, Problems of feeding, Breastfeeding, Counseling, Infant feeding and HIV, Baby friendly hospital initiative

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3	5+10 (demo.)	Children's Rights , Convention of Rights of the Child, Prevention of child labour, Abuse and legal protection, Special care of girl child. Female infanticide.
4	10+35 (demo.)	Care of the sick child , Common childhood disorders: Signs, symptoms and management. Vaccine for preventable diseases Acute Respiratory tract infections, Diarrhea vomiting, constipation, Tonsillitis and mumps, Ear infections, Worm infestation, Accidents and Injuries, Skin infections Fever - malaria, measles. IMNCI strategy.
5	15+20 (demo.)	Care of School children School health: Objectives, problems and programmes Environment of school, Assessment of general health of schoolchildren, Dental and eye problems, Nutritional deficiencies, School health education for children, Need based sharing of health information with teachers/parents/children , Records and reports.
6	5+5 (demo.)	Care of adolescents , Physical growth during adolescence, Emotional and behavioral changes in girls and boys, Special needs of adolescents. Sex education for adolescents, Counseling.
7	10+10 (demo.)	Care of adolescent girls Menstruation and menstrual hygiene, Special nutritional needs, Early marriage and its affects Adolescent girls: pregnancy and abortion Preparing for family life- pre marital counseling. Role of ANM/ female health worker.

References-;

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Year	ANM 1ST YEAR	
Subject	COMMUNITY HEALTH NURSING AND HEALTH PROMOTION (Practical-1)	
Time	Hospital – 30 hrs. Community - 280 hrs. Total – 310 hrs.	
Course code		
DANMN20Y105		
Pre-requisite	Nil	Syllabus version
Expected Competency	Hospital Experience	Community Experiences
Describe community structure Community assessment and home visiting. Health assessment of individuals of different age groups	Interviewing, Physical and health need assessment of (five) persons.	Visit village for understanding the village mapping, physical, social, and resources structure of the village Conduct community need assessment Prepare and use questionnaire for home visits and assessing health concepts, behaviors, concepts and practices of five families.
Describe health organization and team responsibilities.		Visit to SC/PHC/CHC and prepare a report including organization, functions and the responsibilities of team members Prepare the organization chart.
Perform nutritional assessment, Conduct IEC activities related to nutrition	Identifies, assesses two patients with malnutrition	Group work on: Nutrition exhibition in a school / health centre. Cooking demonstration for a group of women. in a village. Prepare and maintain a nutrition practical book.
Assess personal hygiene, and health education.		Assess personal hygiene of five children in a school based on an assessment Performa. Conduct IEC activities related to personal hygiene .
Assess environmental sanitation, Conduct IEC activities related to environmental sanitation		Using a guideline each group assesses a community's environmental sanitation, organizes discussion with community and prepares plan of action. Disinfects one well and one tube well or any other activity base don community needs. Prepare report

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Assess mental health of an individual and counsel or refer.		Assesses mental health of two persons, Health education, Referral , Prepare a report.
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Year	ANM 1ST YEAR	
Subject	Child Health Nursing(Practical)	
Time	Hospital - 80 hrs. Community - 100 hrs. Total - 180 hours	
Course code		
DANMN20Y106		
Pre-requisite	Nil	Syllabus version
Expected Competency	Hospital Experience	Community Experiences
Assess growth and development of children. Assess health status of children. Care of the sick child.	Assess growth and Development of 10 children of different ages and record on chart. Assess health status of 10 sick children. Give care to 5 children as per the IMNCI protocol. Give care to 5 children each with diarrhoea and ARI. Demonstration, preparation and use of ORS to parents.	Assess growth and development of 10 children of different ages and record on chart. Conducts a school health clinic, assesses growth, identifies problems and refers. Conducts health education sessions for school children - 2 sessions. Assess health status of 10* children. Give care to 5 children as per the IMNCI protocol. Give care to 5 children each with diarrhoea and ARI. Give care to children with other ailments. Demonstrate, preparation and use of ORS to parents. Identify and refer children at high risk. Demonstrate home care for a child with diarrhoea and ARI
Counsel mothers about feeding of infants and young child	Counsel mothers about breast feeding	Identify and counsel 2 mother with problems related to breast feeding. Demonstrate complementary food preparation and use.

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Scheme of Examination:

Second year

Paper	Subject Code	Course	External Assessment	Internal Assessment	Total
Theory Paper V	DANMN20Y201	Midwifery	75	25	100
Theory Paper VI	DANMN20Y202	Health Centre management	75	25	100
Practical III	DANMN20Y203	Midwifery	100	100	200
Practical IV	DANMN20Y204	Primary Health care Nursing and Health center management	100	100	200
				Total	600

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